

## Nutrition Management Guidelines

Nutrition management guidelines have been developed to promote consistent, quality nutrition services throughout the Kansas WIC program. Some nutrition management guidelines contain information that is beyond the scope of the WIC Program as defined in the PPM. Information provided for background, referral purposes, and to encourage the use of these guidelines by other nutrition care providers is indicated by an asterisk (\*).

The categorical nutrition management guidelines should be used when certifying WIC clients. The required information must be assessed and documented in the KWIC system for a WIC certification. Elements indicated by an asterisk (\*) are useful but not required to assess WIC eligibility. Underlined items indicate WIC risk factors, which should be assigned as identified or autocalculated by the KWIC system. In addition, the nutrition management guidelines for specific conditions should be used as determined appropriate by risk factor assessment.

### Pregnant Woman

#### Pregnant Adolescent

#### Low Hemoglobin/Hematocrit during Pregnancy

#### Heartburn in Pregnancy

#### Constipation in Pregnancy

#### Nausea and Vomiting in Pregnancy

### Breastfeeding Woman

### Postpartum Non-Breastfeeding Woman

### Infant

#### Constipation in Infancy

### Child

#### Overweight in Children

#### Underweight in Children

#### Constipation in Childhood

### Cerebral Palsy

### Cleft Lip / Cleft Palate

### Cystic Fibrosis

### Down Syndrome

### HIV/AIDS

### Ketogenic Diet

### Lead Poisoning

### Phenylketonuria